

WORCESTER COUNTY CHAMPIONSHIPS 2026

Sat 7th/Sun 8th Feb – Sandwell

WARM UP INFORMATION



Session 7 Saturday 7th Feb

11:30am Open/Male 14 years/under

11:45am Open/Male 14 years/over

12:00pm Female 14 years/under

12:15pm Female 14 years/over

NB: 14 year olds can swim in either session at discretion of their coach

Session 8 Saturday 7th Feb

3:15pm Open/Male 14 years/under

3:30pm Open/Male 14 years/over

3:45pm Female 14 years/under

4:00pm Female 14 years/over

Session 9 Sunday 8th Feb

9:00am Female 14 years/under

9:15am Female 14 years/over

9:30am Open/Male 14 years/under

9:45am Open/Male 14 years/over

Session 10 Sunday 8th Feb

1:15pm Female 14 years/under

1:30pm Female 14 years/over

1:45pm Open/Male 14 years/under

2:00pm Open/Male 14 years/over