

WORCESTER COUNTY CHAMPIONSHIPS 2026

Sat 24th/Sun 25th Jan – Sandwell

WARM UP INFORMATION



Session 3 Saturday 24th Jan

11:30am Female 14 years/under

11:45am Female 14 years/over

12:00pm Open/Male 14 years/under

12:15pm Open/Male 14 years/over

NB: 14 year olds can swim in either session at discretion of their coach

Session 4 Saturday 24th Jan

3:00pm Female 14 years/under

3:15pm Female 14 years/over

3:30pm Open/Male 14 years/under

3:45pm Open/Male 14 years/over

Session 5 Sunday 25th Jan

9:00am Open/Male 14 years/under

9:15am Open/Male 14 years/over

9:30am Female 14 years/under

9:45am Female 14 years/over

Session 6 Sunday 26th Jan

1:30pm Open/Male 14 years/under

1:45pm Open/Male 14 years/over

2:00pm Female 14 years/under

2:15pm Female 14 years/over