

WORCESTER COUNTY CHAMPIONSHIPS 2025



1st/2nd February - SANDWELL AQUATICS CENTRE

SESSION 7 (Saturday AM)

Warm up 1: 8am-8:15am	Open/Male 13 years & under
Warm up 2: 8:15-8:30am	Open/Male 14 years & above
Warm up 3: 8:30-8:45am	Female 13 years & under
Warm up 4: 8:45-9am	Female 14 years & over

START TIME: 9:10am

Estimated FINISH TIME: 12:20pm (inc. 15 min break before FINALS)

SESSION 8 (Saturday PM)

Warm up 1: 1pm-1:15pm	Open/Male 13 years & under
Warm up 2: 1:15-1:30pm	Open/Male 14 years & above
Warm up 3: 1:30-1:45pm	Female 13 years & under
Warm up 4: 1:45-2pm	Female 14 years & over

START TIME: 2:05pm

Estimated FINISH TIME: 5:15pm (inc. 15 min break before FINALS)

SESSION 9 (Sunday AM)

Warm up 1: 8am-8:15am	Female 13 years & under
Warm up 2: 8:15-8:30am	Female 14 years & above
Warm up 3: 8:30-8:45am	Open/Male 13 years & under
Warm up 4: 8:45-9am	Open/Male 14 years & over

START TIME: 9:10am

Estimated FINISH TIME: 12:10pm (inc. 15 min break before FINALS)

SESSION 10 (Sunday PM)

Warm up 1: 12:45-1pm	Female 13 years & under
Warm up 2: 1pm-1:15pm	Female 14 years & above
Warm up 3: 1:15-1:30pm	Open/Male 13 years & under
Warm up 4: 1:30-1:45pm	Open/Male 14 years & over

START TIME: 1:50pm

Estimated FINISH TIME: 4:45pm (inc. 15 min break before FINALS)